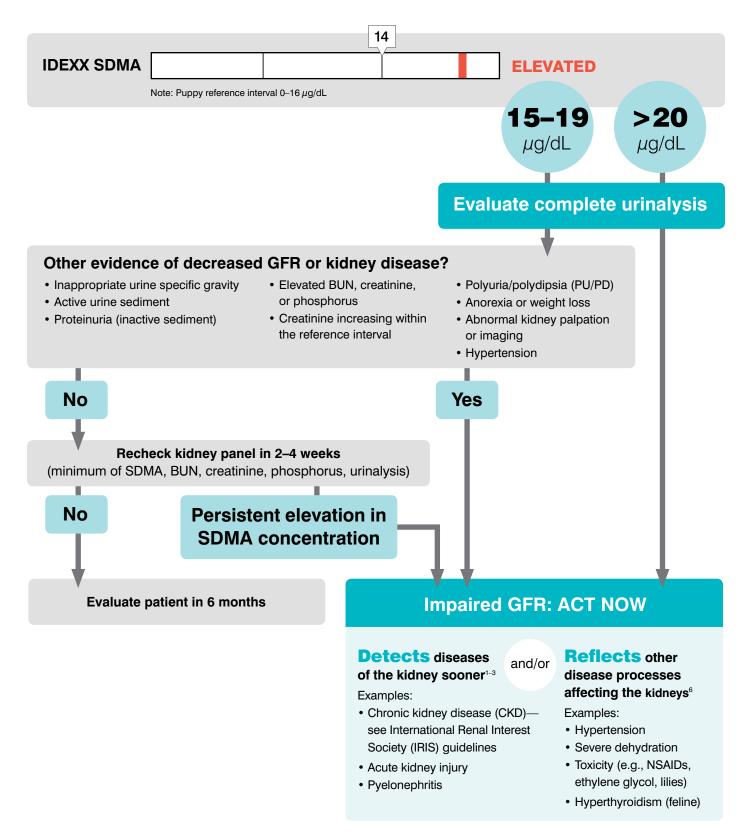
IDEXX SDMA® algorithm

An elevated SDMA* concentration is a reflection of impaired glomerular filtration rate (GFR). Both primary kidney disease and secondary kidney insults, such as concurrent disease, can cause an elevation in SDMA concentration. Follow this algorithm to investigate elevated SDMA concentrations and determine whether acute, active, or chronic injury is occurring and how to begin to investigate, manage, and monitor disease.



See reverse for the initial steps in investigating, managing, and monitoring impaired GFR as identified by an elevated SDMA



Initial steps in investigating, managing, and monitoring impaired GFR as identified by an elevated SDMA

Investigate

Underlying cause, treatable condition, concurrent disease, chronic kidney disease (CKD)



Underlying cause

Urinary tract infection (UTI)/pyelonephritis Toxicity (e.g., NSAIDs, ethylene glycol, lilies) Acute kidney Injury

Systemic hypertension

Chronic kidney disease (CKD)



Consider performing

Urine culture and minimum inhibitory concentration (MIC) susceptibility

Infectious disease testing

Abdominal imaging

Urine protein:creatine (UPC) ratio (proteinuria)

Blood pressure



Concurrent condition to assess

Hydration status
Thyroid status (feline)

Manage

Treat underlying disease, manage assessed kidney injury, adjust care protocols



Treat appropriately

Underlying disease (e.g., pyelonephritis, infectious disease)

Dehydration

Discontinue nephrotoxic medications (e.g., NSAIDs)

Hypertension

Proteinuria



Additional support

Ample, clean water

Kidney-supportive diet if warranted



Adjust anesthesia protocols

Provide fluids (intravenous or subcutaneous)

Oxygen support prior to, during, and after procedure

Adjust pain management

Monitor

Manage and monitor outcomes



Monitor renal biomarkers

Trended testing of the following:

SDMA, BUN, creatinine, and phosphorus

Urinalysis

Blood pressure

Outcome

GFR impairment, stable



SDMA remains increased, but stable

GFR remains impaired but stable

Consider CKD diagnosis, refer to IRIS staging and treatment guidelines

Institute appropriate supportive care and monitoring



SDMA continues to increase



Ongoing active kidney injury

Revisit investigate: repeat or perform additional diagnostics

Institute ongoing supportive care

GFR recovery



SDMA returns to normal

Recovery from mild injury

Response to appropriate therapy

Compensatory mechanisms

Remember that patients can move back to an investigation stage from management or monitoring depending on progression or change in renal status.





^{*}Symmetric dimethylarginine

For a complete list of references, visit idexx.co.uk/sdma